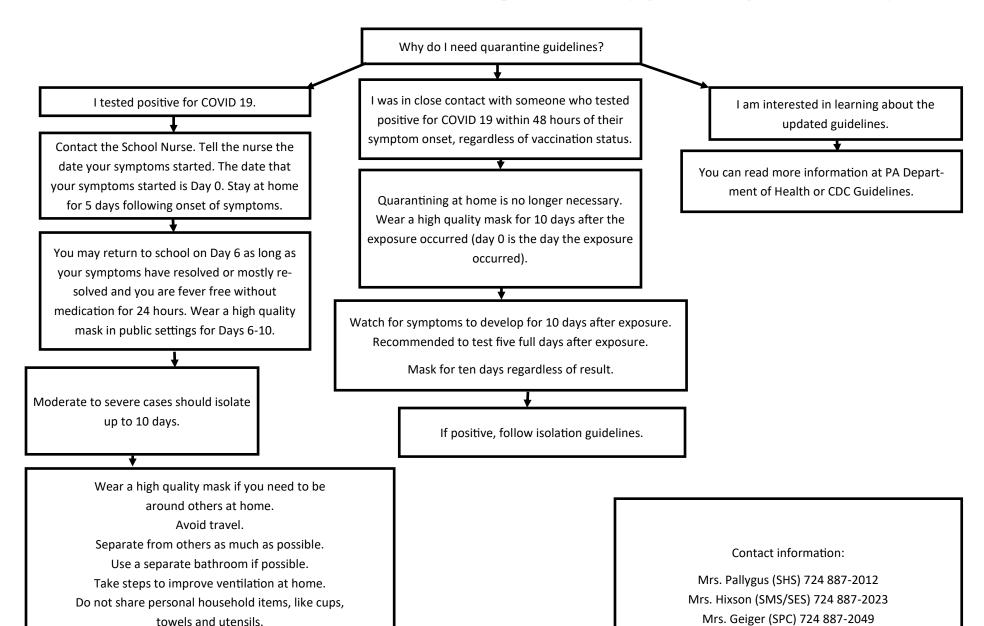
## Southmoreland COVID 19 Quarantining Guidelines (updated September 2022)



Monitor symptoms. Emergency warning signs (like trouble breathing) suggest immediate emergency medical care.